

PARENT INTEREST SURVEY



Parent's Names:

Children's Names (Ages):

The Parent Education Coordinator will use the information from this survey to plan parent education topics.

Please answer the questions below and then complete the survey:

- 1. What is the best day and time of the week for you and your children to attend a Partner in Parenting Meeting once it is safe to do so?**
- 2. Would you be interested in online group meetings or would you prefer online parenting topics that you could look at yourself at your own pace and schedule?**
(The self-paced option would include being able to email the Parent Education Coordinator with any questions you might have once you have completed reading the parenting topic?)

In each educational area below please check the topics that interest you.
If you have thoughts or ideas feel free to write in anywhere on the paper.



Family Relationship/Parenting Skills

- Enhancing Parent Skills
- Discipline
- Resolving conflicts/Improving Communication
- How to handle domestic violence
- Help for single parents
- Time Management/Child's Daily Routines
- Talking with your child about difficult things
- Other: _____
- Other: _____



Education & Child Development

- Stages of Child Development
- School Readiness
- Developmentally Appropriate Activities
- Transitioning to Kindergarten
- Potty Training
- Reading with Children
- Sleep/Bedtime
- Other: _____
- Other: _____



Health & Safety

- Child proofing your home
- Allergies and asthma
- Diabetes
- Transportation Safety/Car Seat Safety
- First Aid/CPR
- Fire Safety
- Home Safety
- Poisons/Over the counter medications
- Smoking cessation
- Signs of drug/alcohol abuse
- Health Insurance coverage
- Signs of lead poisoning
- Women's health issues
- Men's health issues
- Other: _____
- Other: _____



Mental Health

- Child Mental Health Issues
- Family Mental Health Issues
- Support Groups
- Depression/Anxiety
- Stress Management
- Holiday Stress
- Anger Management
- Self-Esteem
- Seasonal Affect Disorder
- Attachment/Nurturing Relationships
- Strategies to reduce stress
- Other: _____
- Other: _____



Oral Health

- The importance of dental care
- Preventative Dental Care
- Food Choices for Optimal Oral Health
- How to Prepare for Dental Visit
- How to Brush Your Teeth
- Other: _____
- Other: _____



Nutrition

- Fitness and Physical Activity
- Selection or Food Preparation
- Food Safety
- Healthy Snacks
- Meal Planning
- Food Budgeting
- Recipe Sharing
- Cooking & Baking Classes
- Understanding food labeling
- Cooking with children at home
- Healthy eating and weight control
- Overweight or underweight child
- Low cost meal planning
- Other: _____



Just for Fun

- Free and Fun family recreation activities
- Low cost kid friendly craft ideas
- Wintertime family fun ideas
- Outside family fun
- Inside family fun
- Other: _____