

Reflections of Hope

“Fostering safety, hope, and healing through advocacy, intervention and education.”

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Going Once, Going Twice...Sold!

It's that time of the year — LCRC's 26th Annual Banquet!

Save the date for LCRC's Annual Banquet & Auction on Friday, April 1st at the Historic Holmes Theatre Ballroom.

Our dedicated committee of volunteers and staff have been hard at work selecting tempting auction items, planning exciting games, and booking entertainment for this wonderful evening. Austin Bachmann of Bachmann Auctioneers will be back again this year to serve as our energetic emcee for the evening. Austin will be wearing dual hats as he'll also lead us through the live auction. Get those number

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MN Femicide Report

In The *Know*

MN Femicide Report

In late January the Minnesota Coalition for Battered Women (MCBW) released the 2015 Femicide Report; a report compiled from news accounts, information provided by law enforcement agencies, attorneys, courts, and personal statements detailing the fatalities associated with

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A Word From *LCRC*

Get to know LCRC Staff

Each quarter we highlight an LCRC Staff Member. This quarter, get to know Nichole DeConcini

What is your title at LCRC? Sexual Assault Advocate

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Making a *Difference* *Continued...*

paddle arms in shape; we have some excellent items up for bid this year!

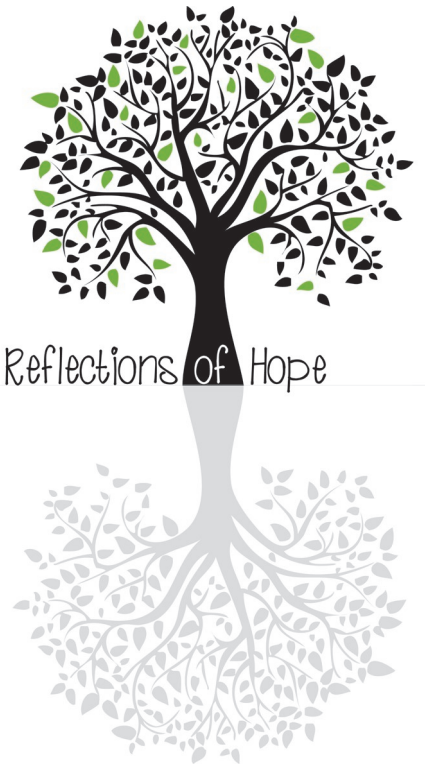
Some of the amazing items that will be available include:

- VIP We-Fest tickets and camping
- Dining gift certificates
- Designer home & fashion accessories
- A 4-course meal for 6 with wine pairing at Spanky's
- Intricate jewelry
- Extra Large Green Egg Grill
- Weekend get-aways
- Car detailing
- A cooler filled with beef from a nearby ranch
- Autographed sports memorabilia from Zach Parise, Adam Thielen, and 5-time National Champion NDSU Bison Football team
- Grilling tools
- Concert and sporting event tickets
- and much, much more!

By attending, you'll be supporting the Lakes Crisis & Resource Center and the programs and services it provides to our community 365 days a year. It's also a chance to get together and socialize with those who share in your generous, philanthropic spirit. Enjoy delicious food, entertainment & games, while browsing live & silent auction items from local donors! Get your friends and family together and join us on Friday, April 1st! Tickets are \$50 each. You can also sponsor a table of eight for \$500 or four for \$300 and enjoy reserved seating.

The silent auction and social hour begin at 5:30 pm followed by dinner and the live auction. Tickets can be purchased by contacting the LCRC office at 847-8572 or by contacting LCRC Board or Staff members directly. If you can't attend our banquet but would like to support the Crisis Center, it's not too late to donate an item or give a monetary donation.

We hope to see you on April 1st at the Holmes Theatre Ballroom!



In The *Know* *Continued...*

domestic violence in Minnesota. The report outlines alarming statistics of domestic violence, but it also suggests practices for everyone from community members and criminal justice systems to media in attempt to see a reduction in these numbers in the years to come. To read the reports please visit the MCBW website - <http://www.mcbw.org>.

In 2015 at least 34 people in Minnesota were killed as a result of domestic violence including 22 women, nine family/friends/interveners (including four children), and three men who died as a result of domestic violence.

The report analyzes four key lethality factors: the victim's attempts to leave the abuser, previous threats to kill the victim, perpetrator's access to firearms, and perpetrator's history of violence. In most of the fatal attacks women had tried to leave their abuser, the abuser had attacked before, the abuser had access to weaponry, and there was a history of violence. Thirteen of the twenty-two perpetrators had a history of violence and related charges; 76 charges between them. Only 19 of the charges resulted in convictions; the remaining 57 charges were dismissed.

The first lethality factor, while devastating, demonstrates the importance of organizations like LCRC. It is crucial that when a man or woman decides to leave their abuser they do so with the support and resources of an advocacy organization. LCRC dedicates itself to working with men and women to create a safety plan that is supported by legal protection, moral support, and a safe place to live while they rebuild their life.

Organizations like LCRC can save lives. If you or someone you know is currently suffering from abuse please call the LCRC crisis line at 218-847-7446.

A Word From *LCRC* *Continued...*

What does that entail? I work with both adults and children who are victims of sexual assault.

How long have you been with LCRC? I started in August, 2015.

What is the most rewarding part of your job? Being able to see the miracles that happen every day here and working with an amazing staff.

What is the most challenging part of your job? It is very difficult to leave "work at work."

What is your background? I owned and managed a convenience store for 10 years. Prior to that I was a stay-at home Mom.

What is your dream vacation? I would love to go to Fiji.

What is your favorite food? SUSHI!

Who is the most influential person(s) in your life? Both of my Grandmothers were amazing, strong women whom I admire very much.

What brought you to LCRC? A desire to help others and to be a resource for individuals who have been victimized.

What is your favorite movie? Breakfast at Tiffany's

Do you have a favorite childhood memory? Hot air ballooning with my father!

Save the Date



Mark your calendars for these upcoming important dates!

April

Sexual Assault Awareness Month
April 1st: Annual Banquet and Silent Auction

May

Mental Health Awareness Month

August

August 11th: 3rd Annual Lakes Area Auction

September

September 5—11: National Suicide Prevention Week

October

Domestic Violence Awareness Month
Bullying Prevention Month

November

November 17th: Give to the Max Day



- Pots & pans
- Paper towels
- Toilet paper
- Laundry soap
- Cleaning supplies
- Baby wipes
- Diapers sizes 4 & 5
- Queen size sheets
- Dish soap
- Women's & children's socks (all sizes)
- Queen size bedspreads
- Body wash
- Women's & children's underwear
- Adult (women's) fiction books
- Baby monitors
- Items for our Lakes Area Auction on August 11th!

Our 3rd Annual Lakes Area Auction is scheduled for Thursday, August 11th. We are currently accepting donations of new and gently used items to help us raise funds to support our programs and services. Items sold in prior years include furniture, sporting goods, cars, boats, china, artwork, antiques, dishware, and electronics. If you would like to donate towards this annual event and support LCRC, please call us at 847-8572.