

## Making a *Difference*

“Fostering safety, hope, and healing through advocacy, intervention and education.”

**Donate online**



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<https://www.facebook.com/lakescrisis>



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### Summer's Story

Five years ago was the first time he hit her. He was high on meth when he hit her with a belt. He thought she had bugged the house and was working with the police but that was not the case...he was hallucinating. In reaction to the abuse, she didn't leave the house in an effort to show her husband that she was true to him. She isolated herself from her friends.

Luke didn't hit her again until two months ago. Her sons figured something was wrong. Luke broke down the bedroom door, prodding her with a fork saying he wished she was dead. Their young sons were in the house at the time. He would call her names -- a "whore" -- in front of the boys. In his delusional mind, he thought she was sleeping with other men but in reality, she was just at home -- isolated from the rest of the world. She didn't want to see friends and have to cover up anymore -- no more lies -- so the once outgoing young woman avoided people.

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### In The *Know*

#### A Good Ol' Fashioned Auction

Items requested for the 1st Annual Lakes Area Charity Auction.  
Saturday, August 16, 2014 9am at the Kent Freeman Arena

A Good Ol' Fashioned Auction Benefitting Lakes Crisis & Resource Center.

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### A Word From *LCRC*

#### Spotlight on Staff

Each quarter we will be highlighting an LCRC Staff Member. This quarter, get to know Jan Logan.

**What is your title at LCRC?** Executive Director

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# Making a *Difference* *Continued...*

Two weeks after that, they were in the car when he hit her in the nose and eye, leaving her black and blue. He apologized immediately but a few weeks later he head-butted her. She would leave him several times throughout the relationship, but they'd talk it through and she'd go back to him because she loves him and she wanted to keep their marriage vows professed ten years ago. Money was also a problem; he wouldn't pay bills so they owed \$5,000 in back taxes even though he earned a good salary in his blue-collar job. He also charged things in her name so her credit score is sub-standard.

How did the young mother who we will call "Summer" deal with the isolation before finally leaving the man we are calling, "Luke"? She sat at home and drank – a box of wine within every two nights. She also read a lot and she did homework with her children but after they were in bed, she drank more heavily, ate, and smoked cigarettes – totally depressed. That went on for a year which resulted in weight gain besides all the other factors that deflated her self-esteem.

She said, "I thought if I made myself fat and ugly, he'd think nobody would want to sleep with me," (so, he wouldn't have delusions about infidelity). Instead, he was the one who was unfaithful to her but too often he'd take her out in the middle of the night and show her footsteps, claiming she was cheating. At times she wondered if she was crazy but recently she's met other women at Mary's Place who said the same thing happened to them.

Luke had not come home for three days when Summer finally decided enough was enough. In early April, she left and since then has called Mary's Place "home" for her and her boys. Her first contact on staff at Mary's Place was Loretta whom she calls "amazing!" She felt like God was pushing her and opening doors. Adjacent to Mary's Place she took classes at the Lakes Crisis and Resource Center that helped her understand why her husband took meth; bottom line, it wasn't her fault. His behavior caused her to feel guilty so that's why she kept going back to him.

Summer said, "There is so much support for the moms – learning how to budget, set personal goals, and gain insight from a psychologist. They have a chaplain who comes in if you want to talk. The kids have gone swimming at the community center. They show you life can be good. I've always known that but it's hard when you are wrapped up in the situation."

The advocates on staff are helping her get settled in a rented place with donated furniture, rides to the store to get groceries, money for transit and she continues to schedule visits with the LCRC psychologist and advocates.

Looking back at her first month at Mary's Place in Detroit Lakes, Summer said, "I wish I had known about this a long time ago! God is definitely looking down!"

## In The *Know* *Continued...*



### ITEMS REQUESTED FOR THE 1st Annual Lakes Area Charity Auction

**Saturday, August 16, 2014 9am**  
Kent Freeman Arena • 1300 Rossman Ave.  
Detroit Lakes, MN 56501  
BACHMANN AUCTIONEERS

We are currently seeking donations of the following new or gently used items:

- Furniture
- Tableware
- Home Décor
- Antiques
- Cars
- Trucks
- Boats
- Outdoor furnishings
- New electronics

*If you are unable to contribute to the auction or attend the event, but would like to support us, call 218-847-8572 and ask for Jan or Anna.*

#### Donations may be dropped off at:

Jack Chivers Realty parking lot  
1110 Hwy 59 South  
Detroit Lakes, MN  
*Donations are tax deductible*

Please mark your calendar and plan to join us on August 16th for our **1st Annual Lakes Area Charity Auction!** We are excited and looking forward to this new event!

This will be an excellent opportunity to find affordable furnishings for a college student or home owner looking to outfit their apartment or cabin. In addition, you are supporting the Lakes Crisis & Resource Center and the clients it serves. See you on August 16th!

#### Drop off dates & times:

Sun. June 1 & Mon. June 2, 11am-1pm  
Sun. July 6 & Mon. July 7, 11am-1pm  
Sun. August 3 & Mon. August 4, 11am-1pm



Thank you to all of our generous community members and businesses who continually support our events throughout the year. A special thanks to all who sponsored tables at our Annual Banquet in April: **DelRae & Jack Chivers, Scott & Nancy Erickson, Leighton Broadcasting, Mary Newman, Quality Bait & Tackle/Shirley Lee, Sellin Brothers Inc., Arvig, Lakeshirts, Free 2 Dream, Ralph & Jan Logan, Gretchen Thilmony, Mike & Kari Williams, Bell State Bank, Bremer Bank, BTG, Essentia, Foltz Trucking, Mickelson Farms, Midwest Bank, SJE Rhombus, and Shooting Star Casino.** Because of you, we had a record breaking event. Also, our sincere gratitude to all who donated, sponsored, and attended our kick-off event in May for our new Kinship mentoring program. You help change the lives of children in our community!

## A Word From *LCRC* *Continued...*



**What does that entail?** I'm responsible for the overall accountability for agency leadership in areas of resource development, financial management, community relations, strategic planning, operational planning, human resource management, and program development.

**How long have you been with LCRC?** I will celebrate 9 years on September 26, 2014.

**What is the most rewarding part of your job?** Knowing that our wonderful staff is able to support and help the many clients in need and in crisis in our community.

**What is the most challenging part of your job?** As we go about our work with clients, it often becomes painfully apparent where additional staffing is needed in order to do our best work and provide our clients with the most robust services. Unfortunately, funding limitations do not allow for these additional payroll expenses resulting in staff contributing in many varied roles.

**What is your background?** My major was Business Administration. My husband and I raised 3 children and I went back to work approximately 20 years ago. I worked as a Sr. Vice President of an organization that promoted the growth and development of high potential women in corporate America. When I joined the company it was in its second year. During my time there, we expanded offices throughout the country allowing women to attend meetings to network with other women as well as attend educational forums. However, our most important role was assigning each woman a mentor who was accomplished and experienced in the position the female aspired to in their career.

**What is your dream vacation?** Staying in a 5 star hotel in the Bahamas.

**What is your favorite food?** Mexican

**Who is the most influential person(s) in your life?** After being married almost 39 years, my husband is the most influential person in my life. He is my best friend and continually provides me with support, suggestions, constructive feedback and wants the best for me. I truly value him, his love and friendship.

**What brought you to LCRC?** A woman by the name of Jeanne Mercer suggested I apply for the position after getting to know me in a restaurant in the area I helped my aunt operate. All my life I have had a strong passion for advancing women and protecting children.

**What is your favorite movie?** Pretty Woman

**Do you have a favorite childhood memory?** Playing a card game (whist) with my grandparents. It was a daily occurrence while we lived in their home and I loved it!

## Circle of *Angels*



The **Circle of Angels** is a special group of individuals who come together in support of local women, men, and children by providing a planned, consistent, monthly gift. **Thank You and Welcome** to the newest members of The Lakes Crisis & Resource Center's **Circle of Angels!**

#### *Snow Angel*

Dick & Georgia Hecock

#### *Guardian Angel*

Mark & Cindy Fritz

Join the Circle of Angels and help us eliminate violence in the lives of men, women, and children. When you sign up, your planned monthly gift is transferred automatically around the 15th of the month with no hassle to you. If you would like more information regarding joining this elite group of caring individuals, please contact Anna by calling 218-847-8572 or emailing: annas@lakescrisis.com.

## WISH LIST

- Dish cloths/towels
- Cleaning supplies
- Pillows
- Baby wipes
- Digital camera
- Camera bag
- Diapers: sizes newborn & 4—6
- Sheets of all sizes
- Queen & single size air mattresses
- Adjustable outdoor basketball hoop
- Indoor, over the door, basketball hoop with balls
- CD player
- Kid's music CDs
- Children's educational DVDs
- Dress up clothes for boys and girls
- Matchbox cars & carpet or play pad
- Lockable cabinet for children's supplies
- Baby sunhats
- Children's swimsuits
- Children's shoes & sandals