

thanks

Thank you to all!

Thank you to all who contributed the many, many items towards and all who attended our 4th Annual Lakes Area Auction on August 10th. It was a success! We are extremely appreciative of the efforts of our hardworking committee. Many hours of prepping, planning, loading, and lifting went into pulling this fundraising event together.

Several local businesses provided generously with deep discounts and donations to help us keep expenses at a minimum. Thank you to Central Market, Daggett Trucking, Leighton Broadcasting, Swanson's Repair & Rental Service, Newman Signs, Brygge Taps & Tastes, Mark's Fleet Supply of Perham, Alsager Ranch, and of course, Bachmann Auctioneers of Frazee. Items sold ranged from furniture to tools, boats, a camper and a car!

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“Fostering safety, hope, and healing through advocacy, intervention, and education.”

Donate online



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In The *Know*

October is Domestic Violence Month

Purple ribbons. Purple bruises. Purple represents Domestic Violence Awareness Month. One of the most common questions we hear is “Why do they stay?” when referring to a victim of domestic violence. When it is an option, it is best for victims to escape their abusers. However, often abusers go to extremes to prevent the victim from leaving. In fact, leaving an abuser is the most dangerous time for a victim.

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A Word From *LCRC*

Spotlight on Staff

Each quarter we will highlight an LCRC Staff Member. This quarter, we receive a farewell from Jan Logan, Executive Director.

Dear LCRC Friends and Supporters,

I write this letter to each of you with tremendous gratitude.

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Making a *Difference* *Continued...*

The residents of Detroit Lakes and the surrounding communities continue to be generous and supportive, and for that we are genuinely grateful.

UPCOMING FUNDRAISING EVENTS



LCRC is again participating in **Give to the Max Day on Thursday, November 16**. This is a one day event to support non-profits with an online donation through GiveMN.org. However, this year supporters may schedule a gift anytime between **Nov 1 and Nov 15** that will count towards leaderboard prizes and drawings. *Watch for more information to come!*

We are delighted to be the beneficiary of **I'll Tile & Stone's Festival of Trees** again this year on **Saturday, Nov 25th**. Please join us as we leap into the holiday spirit at this beautiful event featuring Christmas Trees sponsored by area businesses, a silent auction, live music, and dinner catered by Brygge Taps & Tastes. **Tickets are available at I'll Tile & Stone 218-847-0335 and LCRC 218-847-8572** – hint...get them soon. Last year's event sold out.



Please mark your calendars for another annual **LCRC event - the 28th Annual Banquet & Auction** scheduled to take place on **Saturday, April 7th at the Holmes Theatre**. Our Annual Banquet consistently features fantastic live and silent auction items, a delicious meal, and entertaining games.

In The *Know* *Continued...*

A victim's reasons for staying are extremely complex and are based on the fear that their abuser will follow through with the threats they have used to keep them trapped: the abuser will hurt or kill the kids, win custody of the kids, harm or kill pets or others, ruin the victim financially...the list goes on. A recent study of intimate partner homicides found 20% of homicide victims were not the domestic violence victims themselves, but family members, friends, neighbors, persons who intervened, law enforcement responders, or bystanders.

Additional barriers to escaping a violent relationship include but are not limited to:

- Fear that the abuser's actions will become more violent or lethal if the victim attempts to leave
- Knowledge of the difficulties of single parenting and reduced financial circumstances
- Unsupportive friends and family
- Lack of knowledge of or access to safety and support
- Fear of losing custody of the children if they leave or divorce or fear the abuse will hurt or even kill the children
- Religious or cultural beliefs and practices may not support divorce or separation
- Fear that homelessness may be their only option if they leave
- Lack of means to support themselves and/or their children financially or lack of access to cash, bank accounts, or assets

The list is goes on. Change does not happen without awareness and action. LCRC is doing the following to increase awareness during Domestic Violence Awareness Month. Please join us in learning more and spreading the word.

- Join us at M State in Detroit Lakes on October 18 to see The Clothesline Project
- Like our Facebook page and share our posts
- Purchase purple iced or decorated baked goods at Central Market for your office, book club, study group, etc.
- Register for one of our Break the Silence Tours of our facility and programs

Together we can lead the change to create healthy relationships and healthy families for a healthy community.



A Word From *LCRC* *Continued...*

I have had the privilege and honor of serving as the Executive Director of LCRC for over 12 years. It has truly been a personally and professionally rewarding experience that seemed to go by so fast.

I extend my appreciation to the current and past Board of Directors with whom I have had the pleasure of working during my time here. I started when there were approximately 11 staff members including myself providing advocacy services to domestic violence, sexual assault, and general crime victims. We also operated a Parenting Time Center (Positive Connections). LCRC now employs 30 staff, continuing to provide critical advocacy for victims in our community and adding to our service offerings. For instance, in 2011 Positive Connections began offering a parent coaching curriculum. In addition, we have added a Children's Service Department which includes Kinship (a mentoring program for children), a Mental Health Department, and an Emergency Safe Shelter called Mary's Place. Mary's Place was named after Mary Newman who donated over \$1M to assist us in making her dream of supporting victims in Detroit Lakes and the surrounding area a reality. I extend a huge "thank you" to Mary and all of the current and past LCRC staff for supporting me throughout my tenure.

I am also pleased to leave a strong, healthy organization in the hands of Anna Sellin, who recently was promoted to be my successor. Anna and her staff will sustain and continue to grow LCRC to ensure it remains a vital resource for the community at large.

As I leave I want to remind you that anyone can be a victim of abuse, regardless of age, race, and socioeconomic class. Each minute in the United States, nearly 20 people are physically abused by an intimate partner. That's more than 10 million women and men a year.

Most of their stories will never be told and once the violence comes to light, the typical response is, "Why did they stay?" Domestic violence doesn't typically happen overnight; it reveals itself over time. In addition, leaving a volatile relationship is also a process for victims to get out safely, and violence typically escalates when a victim attempts to end the relationship.

Instead of asking "Why do they stay?" we should ask, "Why does he/she batter?" Or, on a larger scale, "Why does society allow battering to continue?" As supporters of organizations like LCRC, we can lead the change in attitudes, beliefs, and behaviors regarding the acceptance of violence in our society by asking these questions and being an active voice for victims in our community.

And, oh yes, the children who are the innocent victims of adult behavior cannot be forgotten. My passion for children continues to be in the forefront of my mind. Please consider being a mentor in our Kinship program which involves approximately three hours of your time per month and provides profound benefit to children, giving them a positive role model in their life that they would not otherwise have. As I end this chapter of my life, please know I will always hold Lakes Crisis & Resource Center close to my heart. And, the work continues...

Jan Logan

Lakes Area *Kinship*

Lakes Area Kinship of the LCRC improves lives by helping establish quality relationships between youth ages 5 to 16 and caring adult volunteers for the purpose of promoting stability, support, friendship, and community. We currently have 22 children on our waiting list. We are desperately searching for **male mentors** as many of the children waiting would greatly benefit from having a positive male influence in their lives, but we are also looking for women and families to give their time to the youth in our community. It is a minimal commitment for an invaluable and immeasurable experience for both the children and adults. Please consider joining Kinship and changing two lives. **For more information about Kinship please call Ashlie at 218-847-8572 or email ashliew@lakescrisis.com.**



UP COMING EVENTS

Friday, November 3rd
– LCRC Open House – A celebration honoring Jan Logan

Please join us between 2 p.m. – 4 p.m. as we celebrate Jan Logan and the great work she has done as LCRC's Executive Director

Tuesday, November 7 & December 5 – 11 am – noon:
Break the Silence Tours

This free one hour tour of LCRC will inform participants about violence in our region and will demonstrate the work we do to foster safety, hope, and healing. While violence is a difficult topic to confront, attendees may be surprised to learn of the programs we offer under one roof to support and educate our community in an effort to prevent violence, break the silence and ultimately...break the cycle of violence in our community.